



diabetes UNDONE

INTERACTIVE WORKSHOP

1 in 3 Americans has diabetes or prediabetes.
That doesn't have to be your story.

Join Dr. Wes Youngberg, lifestyle expert and author of *Goodbye Diabetes*, and Brenda Davis, world-renowned author and plant-based dietitian, as they guide you through a hope-filled 8-session video course to reverse diabetes and reclaim your health.

\$49 PARTICIPANT KIT INCLUDES:

- * Inspiring wellness talks
- * Expert advice
- * Group support
- * Cooking demos
- * Diabetes Undone Workbook
- * Diabetes Undone Cookbook
- * 8 Laws of Health DVD
- * Access to the video course



BEGINS APRIL 7 AT 6PM. PLEASE PRE REGISTER

DATES

8 SESSIONS: FROM APR. 7 THROUGH APR. 28, 2025
6 - 8pm We will cover 2 sessions each night

VENUE

HOSPITALITY HOUSE
3625 Kingston Pike, Knoxville, TN 37772

CONTACT

KIMBERLY
4253503430 knoxvillediabete sundone@gmail.com